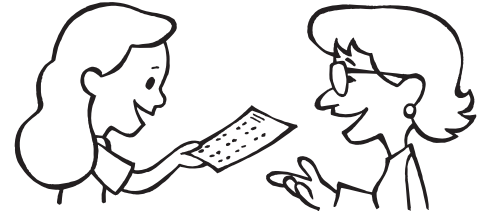


Speech Practice at Home

by Kevin Stuckey, M.Ed., CCC-SLP and Julie A. Daymut, M.A., CCC-SLP

Good communication depends on good articulation skills. Articulation refers to the production of speech sounds. When a child has difficulty producing specific sounds, speech intelligibility decreases, and the listener may not understand the child's intended message. A speech-language pathologist (SLP) works with a child to help him/her produce sounds correctly. They may work on individual sounds in isolation or sounds in syllables, words, phrases, or sentences. The ultimate goal is to help a child correctly produce speech sounds spontaneously at the conversational level. The SLP may send practice work home for the parents to complete with their child. Homework activities provide opportunities for a child to practice speech in a more natural environment with the encouragement and support of family.



Practicing Speech with Your Child

Following is a list of homework suggestions so that a child may practice speech in everyday situations and environments. Incorporate these simple suggestions at home to help your child practice speech sounds in a functional way. **Be sure to follow the guidance of the SLP that is working with your child when implementing these—and any other—practice exercises.**

Homework Suggestions – Word/Phrase/Sentence Level Activities (adapted from ARTIC LAB®):

1. Practice your /l/ words 25 times while getting dressed for school.
2. Practice your /r/ phrases 25 times on your way to school or on your way home.
3. Practice your /s/ sentences while shopping at the grocery store with your parent(s).
4. Practice your _____ for five minutes before or after dinner.
5. Practice your _____ 25 times before turning off the light to go to bed.
6. Practice your _____ with a brother/sister for five minutes.
7. Practice your _____ words while taking a bath.
8. Practice your _____ during commercials of one TV show.
9. Practice your _____ 25 times before or after playing video games.
10. Practice your _____ 25 times before brushing your teeth.
11. Practice your _____ while riding your bike.
12. Practice your _____ while cleaning your room/picking up toys.
13. Practice your _____ while your family cooks dinner.
14. Practice your _____ as you walk to the corner and back.
15. Practice your _____ for five minutes while riding in the car.

Helpful Products

The list of Super Duper® products below may be helpful when working with children who have special needs. Visit www.superduperinc.com and type in the item name or number in our search engine. Click the links below to see the product description.

Webber's® Jumbo Artic Drill Book
Item #BK-233

Interactive Sing-Along Big Books Set 3
Item #TPX-18421

Word FLIPS®
Item #BK-318

Turn & Talk® Early Sounds
Item #BK-350