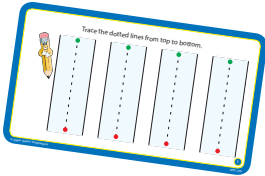


Hand Exercises

| Prompt: | Date: | / / | / / | / / | / / | / / | / / | / / | / / | / / | / / | / / | / / | / / |
|----------------------------------|-------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1. Shake Your Sillies Out | | | | | | | | | | | | | | |
| 2. Clapping | | | | | | | | | | | | | | |
| 3. Hands Together | | | | | | | | | | | | | | |
| 4. Arm Wrestle | | | | | | | | | | | | | | |
| 5. High Five | | | | | | | | | | | | | | |
| 6. Tap Your Head | | | | | | | | | | | | | | |
| 7. Chair Push-ups | | | | | | | | | | | | | | |
| 8. Waving | | | | | | | | | | | | | | |
| 9. Shark | | | | | | | | | | | | | | |
| 10. Fish Swim | | | | | | | | | | | | | | |
| 11. Stirring (dominant hand) | | | | | | | | | | | | | | |
| 12. Stirring (non-dominant hand) | | | | | | | | | | | | | | |
| 13. Wrist Roll (together) | | | | | | | | | | | | | | |
| 14. Motorcycle Riding | | | | | | | | | | | | | | |
| 15. Hand Shake | | | | | | | | | | | | | | |
| 16. Open a Door | | | | | | | | | | | | | | |
| 17. Rope Climbing | | | | | | | | | | | | | | |
| 18. Roll the Dice | | | | | | | | | | | | | | |
| 19. Hand Washing | | | | | | | | | | | | | | |
| 20. Be a Puppet | | | | | | | | | | | | | | |
| 21. Alligator | | | | | | | | | | | | | | |
| 22. Bear Claw | | | | | | | | | | | | | | |
| 23. Be a Moose | | | | | | | | | | | | | | |
| 24. Finger Stretch | | | | | | | | | | | | | | |
| 25. Bunny Ears | | | | | | | | | | | | | | |
| 26. Play the Piano | | | | | | | | | | | | | | |
| 27. Finger Tapping | | | | | | | | | | | | | | |
| 28. Making Rain | | | | | | | | | | | | | | |
| 29. Point to Your Foot | | | | | | | | | | | | | | |
| 30. Writing | | | | | | | | | | | | | | |
| 31. Air Writing | | | | | | | | | | | | | | |
| 32. Make a Shape | | | | | | | | | | | | | | |
| 33. Scissors Cut | | | | | | | | | | | | | | |
| 34. Bug Walk | | | | | | | | | | | | | | |
| 35. Thumbs Up | | | | | | | | | | | | | | |
| 36. Telephone | | | | | | | | | | | | | | |
| 37. Butterfly | | | | | | | | | | | | | | |
| 38. Sign Language | | | | | | | | | | | | | | |
| 39. Twiddle Your Thumbs | | | | | | | | | | | | | | |
| 40. Telescope | | | | | | | | | | | | | | |
| 41. A-OK | | | | | | | | | | | | | | |
| 42. Spider Crawl | | | | | | | | | | | | | | |
| 43. Massage Your Head | | | | | | | | | | | | | | |
| 44. Thumb Wrestle | | | | | | | | | | | | | | |
| 45. Coin Flip | | | | | | | | | | | | | | |
| 46. Finger Snap | | | | | | | | | | | | | | |
| 47. Counting | | | | | | | | | | | | | | |
| 48. Strong Fingers | | | | | | | | | | | | | | |
| 49. Instrument Play | | | | | | | | | | | | | | |
| 50. Raise and Lower the Bridge | | | | | | | | | | | | | | |
| 51. Funny Face | | | | | | | | | | | | | | |
| 52. Crossed Fingers | | | | | | | | | | | | | | |
| Totals: | / | / | / | / | / | / | / | / | / | / | / | / | / | / |

Symbol Key: = correct response = incorrect response = _____





Writing Activities

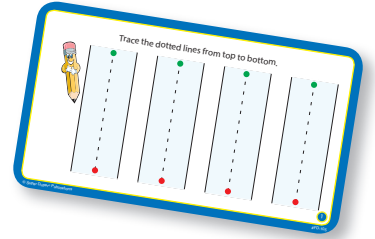
| Prompt: | Date: | | | | | | | | | | |
|---|-------|---|---|---|---|---|---|---|---|---|---|
| 1. Trace the dotted lines from top to bottom. | | | | | | | | | | | |
| 2. Trace the dotted lines from left to right. | | | | | | | | | | | |
| 3. Trace the dotted lines from top to bottom. | | | | | | | | | | | |
| 4. Trace the dotted lines from left to right. | | | | | | | | | | | |
| 5. Trace the dotted lines from top to bottom. | | | | | | | | | | | |
| 6. Trace the dotted lines from left to right. | | | | | | | | | | | |
| 7. Trace the short and long lines from top to bottom. | | | | | | | | | | | |
| 8. Trace the short and long lines from left to right. | | | | | | | | | | | |
| 9. Draw a line to pictures that go together. | | | | | | | | | | | |
| 10. Follow the path to the ant's picnic. | | | | | | | | | | | |
| 11. Trace the dotted, curvy lines. | | | | | | | | | | | |
| 12. Trace the big circle. | | | | | | | | | | | |
| 13. Trace the small circles. | | | | | | | | | | | |
| 14. Follow the path from your house to the cabin. | | | | | | | | | | | |
| 15. Trace and draw the circle. | | | | | | | | | | | |
| 16. Trace and draw the cross. | | | | | | | | | | | |
| 17. Trace the dotted line to make Mr. Snail's shell. | | | | | | | | | | | |
| 18. Trace the dotted lines to make raindrops. | | | | | | | | | | | |
| 19. Trace the dotted lines to make mountains. | | | | | | | | | | | |
| 20. Trace the dotted lines to make large and small mountains. | | | | | | | | | | | |
| 21. Trace the dotted lines on the fish. | | | | | | | | | | | |
| 22. Trace the dotted lines to make the ladybug. | | | | | | | | | | | |
| 23. Draw a line to the pictures that go together. | | | | | | | | | | | |
| 24. Trace and draw the square. | | | | | | | | | | | |
| 25. Trace the dotted lines to finish the barn fence. | | | | | | | | | | | |
| 26. Follow the path through the desert. | | | | | | | | | | | |
| 27. Trace the candles on the cake. | | | | | | | | | | | |
| 28. Trace and draw the triangle. | | | | | | | | | | | |
| 29. Help Bobby follow the path to the washing machine. | | | | | | | | | | | |
| 30. Trace the sun's rays. | | | | | | | | | | | |
| 31. Trace the lines to find the toys. | | | | | | | | | | | |
| 32. Draw your own snowman. | | | | | | | | | | | |
| 33. Follow the hungry bear's path to the honey. | | | | | | | | | | | |
| 34. Drive your car on the racetrack. | | | | | | | | | | | |
| 35. Trace the hand. Count to five. | | | | | | | | | | | |
| 36. Follow the numbers (1-10) and trace the star. | | | | | | | | | | | |
| 37. Help the butterfly through the maze. | | | | | | | | | | | |
| 38. Trace the lines to help the frogs catch their lunch. | | | | | | | | | | | |
| 39. Draw on the path to follow your heart. | | | | | | | | | | | |
| 40. Trace the line to kick the soccer ball in the goal | | | | | | | | | | | |
| 41. Trace the lines to make the flowers and sunshine. | | | | | | | | | | | |
| 42. Draw the missing parts of the house. | | | | | | | | | | | |
| 43. Draw the missing faces on the kids. | | | | | | | | | | | |
| 44. Follow the path and help Mr. Bee find his nectar. | | | | | | | | | | | |
| 45. Complete the picture of the cat and pencil. | | | | | | | | | | | |
| 46. Finish the design by connecting the dots. | | | | | | | | | | | |
| 47. Use the shapes to draw a robot. | | | | | | | | | | | |
| 48. Follow the numbers (1-20) and trace the pretzel. | | | | | | | | | | | |
| 49. Follow the path of the zookeeper to give the animals water. | | | | | | | | | | | |
| 50. Color the dots and trace the caterpillar. | | | | | | | | | | | |
| 51. Name your new dog. Write a letter in each box. | | | | | | | | | | | |
| 52. Draw your own picture. | | | | | | | | | | | |
| Totals: | / | / | / | / | / | / | / | / | / | / | / |

Symbol Key: = correct response = incorrect response = _____





Fine Motor Fun Deck



#FD-105

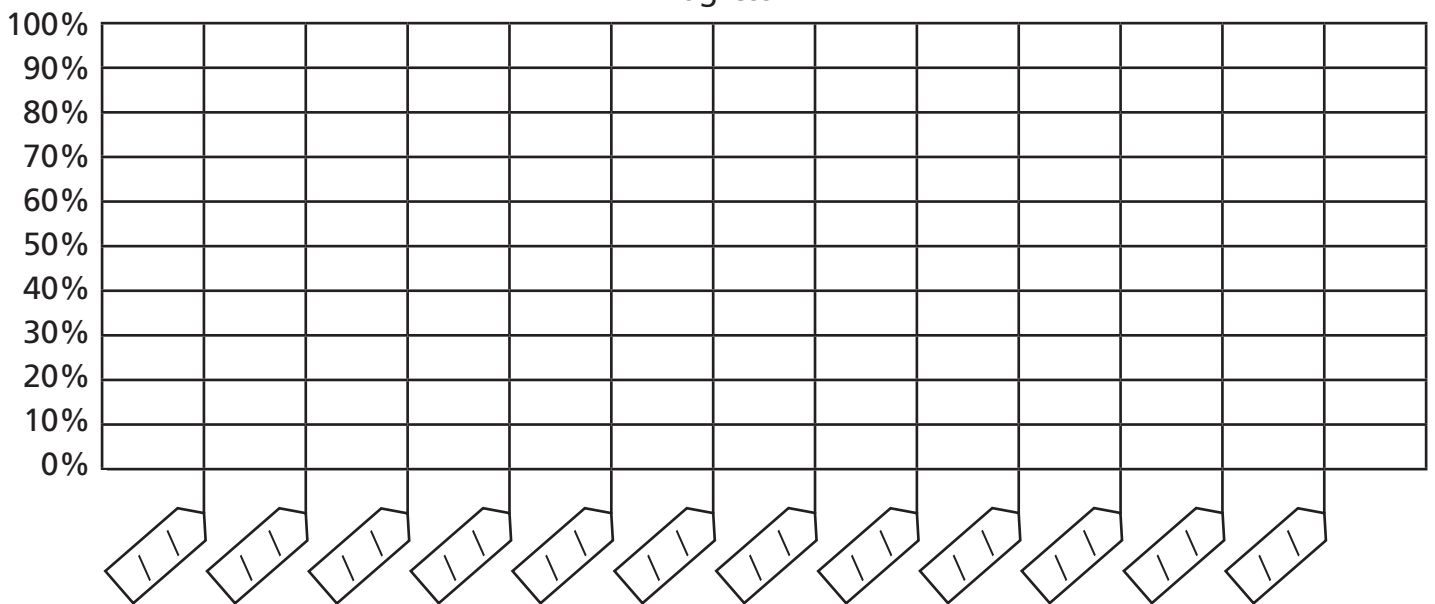
Student: _____

D.O.B.: _____

I.E.P. Due: _____

Goal: _____

Progress:



Notes: _____

Recommendations: _____

