No-Prep Therapy Activity: A Chip Off the Ol’ Ice Breaker!

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The beginning of the year can be hard for a lot of students... shy students, students with language or articulation delays, and even students who may be thought of as “popular” or “outgoing” may feel anxiety about starting a new year in a new classroom with a new teacher, and new classmates. Starting the year with a structured “Getting to Know You” activity can help ease these students into a new school year. So grab your Chipper Chat chips or your Bingo chips and get ready to find out some fun facts about your students with this no-prep “Getting to Know You” activity!

Number of Players
• 2 or more

Materials Needed
• A Chip Off the Ol’ Ice Breaker! Page
• Chipper Chat chips or Bingo chips

Directions
• Turn the A Chip Off the Ol’ Ice Breaker! page upside down or place it out of your students’ view.
• Pass the tub of chips around and tell students to pick two different colored chips.
• After students have their chips, reveal the A Chip Off the Ol’ Ice Breaker! page.
• Go around the room and have each student answer one question that matches the color of one of his/her chips.
• Go around the room a second time and have each student answer one question that matches the color of his/her second chip.
• On the third time around the room, have students stack their chips and determine the color made by combining the two chip colors.
• Each student then answers the question that matches the color of his/her combined chips! (If the color made is anything other than red, orange, yellow, green, blue, or purple, the student will answer the question written on the black pencil.)

Tips for Game Play
• If Chipper Chat Chips or Bingo Chips are not readily available, use colored paperclips, a colored die, colored pencils or anything with colors on it! Be creative! Have fun!
Tell us about a place you would like to visit.

Tell us something fun you did this summer.

Tell us about a pet you would like to have.

Tell us about something that makes you happy.

Tell us about something that you do well.

Tell us about your favorite food.

Tell us one thing that no one knows about you.